



Anti-Bullying Policy

Statutory policy

Policy Review

This policy was adopted, reviewed and agreed by the Governing Board on 16.12.25

It is due for review in December 2026 (up to 1 year from the above date).

Signature Chair of Governors:

Mrs K Redrup

All the governors and staff of Binstead Primary School are committed to sharing a common objective to help keep the children and staff of the school community safe. We ensure that consistent effective safeguarding procedures are in place in order to support families, children and staff of the school.

Revision Record

<i>Revision No.</i>	<i>Date Issued</i>	<i>Prepared By</i>	<i>Approved</i>	<i>Comments</i>
<i>1</i>	<i>Spring 2017</i>	<i>AM</i>	<i>Yes</i>	
<i>2</i>	<i>Spring 2018</i>	<i>RC</i>	<i>Yes</i>	
<i>3</i>	<i>Spring 2019</i>	<i>RC</i>	<i>Yes</i>	
<i>4</i>	<i>Spring 2024</i>	<i>RC/SH</i>	<i>Yes</i>	
<i>5</i>	<i>Autumn</i>	<i>RC</i>	<i>Yes</i>	<i>No changes</i>

BINSTEAD COUNTY PRIMARY SCHOOL

ANTI-BULLYING POLICY

This policy should be referred to in conjunction with: School Behaviour Policy, PSHE Policy, Online Safety policy, Safeguarding Policy and Child Protection Policy.

Binstead Primary School are committed to sharing a common objective to help keep the children and staff of the school safe. We ensure that consistent effective safeguarding procedures are in place to support children, families and staff of the school. All policies should be read in conjunction with the Safeguarding Policy and Child Protection Policy.

Every member of Binstead Primary School is entitled to feel safe and be free from bullying. Bullying behaviour is defined as persistent and subversive harassing of one child, or group of children by another or others. It may take the form of physical aggression, extortion, verbal harassment or threats. It is not necessarily 'rough play'.

Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively.

Objectives of this Policy

- All governors, teaching and non-teaching staff, pupils and parents should understand what bullying is.
- All governors and teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

What Is Bullying?

Bullying is the long-term use of targeted behaviour with the intention of causing emotional or physical distress to another person.

Bullying can be:

Emotional	being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
Physical	pushing, kicking, hitting, punching or any use of violence
Racist	racial taunts, graffiti, gestures
Sexual	unwanted physical contact or sexually abusive comments
Homophobic	because of, or focussing on the issue of sexuality
Verbal	name-calling, sarcasm, spreading rumours, teasing
Cyber	All areas of internet, such as social media, online forums etc. Mobile threats by text messaging & calls Misuse of associated technology, i.e. camera & video facilities

Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night, has nightmares or starts bed wetting
- feels ill in the morning
- begins to underachieve in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home very hungry (lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated

Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving.

Binstead accepts its responsibility to respond promptly and effectively to issues of bullying.

Procedures

- Report negative incidents on CPOMS.
- If bullying is identified, parents should be informed and will be asked to come in to a meeting to discuss the problem
- If necessary, appropriate and proportionate police will be consulted
- The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly

Outcomes

- Consequences will take place following the school's behaviour policy.
- If possible, the pupils will be reconciled
- After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

Strategies for behaviour modification.

- Discussion and explanation
- Negotiated targets and clearly described boundaries
- Regular monitoring and reporting
- Restorative justice

Prevention

We aim to prevent bullying through the following ways:

- Promoting self-esteem.
- Promoting responsibility as members of the school community.
- Promoting good relationships
- Promoting mutual respect and trust between pupils and staff
- Ensuring that pupils know we care about bullying.
- Ensuring pupils know they will be supported and listened to.
- Regular checking to ensure that all children feel safe in school
- Regular checking to ensure that all children have a named adult in school whom they are confident to talk to if they have a problem.

P.S.H.E, Religious Education, Assemblies and the ethos of the School overtly encourage anti-bullying strategies and attitudes and give bystanders strategies to prevent bullying. These strategies are reviewed at least termly by the whole school (at an assembly for example).

Sanctions

Sanctions will be implemented in line with our school behavior policy.